

EVALUATING YOUR PERFORMANCE

‘SELF ASSESSMENT’ QUESTIONNAIRE

QUESTION	ANSWER
What was the most <u>positive</u> aspect of your umpiring performance today?	
What <u>RULE</u> caused you most problems today?	
Were you in the right place at the right time to observe the players a) most occasions b) sometimes	
How well did you think you communicated with the other <u>Umpire</u> ?	
How successful were you in communicating with the <u>players</u> using hand signals?	
Did you <u>warm up</u> mentally and physically? Did you observe the players prior to the match? Give one observation about each of the teams	a) b)
Estimate the percentage of your ' <u>advantage played</u> ' that were successful: a) Circle b) Court	a) b)
<i>Assess your level of <u>fitness</u>. Is there room for improvement? Award yourself a score on a scale of one to six (one is low)</i>	
Left blank for you to add an assessment criteria of your own	