



## **The Spirit of the Game**

The spirit of the game is a term often mentioned but seldom defined. A close look at the reasoning behind the code of rules of the game provides these important clues to the interpretation of the spirit of the game.

### **Equality**

Every player is entitled to an equal opportunity to demonstrate personal skills. The rules provide protection for players of all abilities by restricting the degree of physical contact when contesting possession of the ball.

### **Safety**

To enable players to engage in healthy sport, all elements of danger are strictly controlled or eliminated.

### **Enjoyment**

The rules are specific on sanctions for infringements and misconduct to promote the enjoyment of the game. All who take part are required to observe an honourable code of discipline and fair play.

The main features of the **Spirit of the Game** are therefore **Equality, Safety and Enjoyment**.

NOTE: Additional information may be found on the England Netball website:

[https://www.EnglandNetball.co.uk/Conduct\\_and\\_Disciplinary\\_Regulations](https://www.EnglandNetball.co.uk/Conduct_and_Disciplinary_Regulations)